



Another delicious recipe from

Foster's Demo



Berry Power Drink

Ingredients:

- 1 cup fruit juice
(such as orange, cranberry or apple)*
- 1 cup fresh or frozen strawberries*
- 1 8-ounce carton vanilla low-fat yogurt*
- 2/3 cup QUAKER® Oats (quick or old fashioned, uncooked)*
- 1 cup ice cubes*
- Sugar to taste*

Directions:

- 1. Place all ingredients except ice in blender container.*
- 2. Cover; blend on HIGH speed about 2 minutes or until smooth.*
- 3. Gradually add ice; blend on HIGH speed an additional minute or until smooth.*
- 4. Serve immediately.*

Enjoy!